MEDICAL NECESSITY: CRIMINAL AND CIVIL ENFORCEMENT

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LEARNING OBJECTIVES

1.

Gain an understanding of what medical necessity is and how it is established.

2

Review how medical necessity cases are enforced through discussion of laws and case examples.

3.

Discuss compliance measures to address risk associated with medical necessity matters and a framework for responding to potential medical necessity concerns.

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WHAT IS MEDICAL NECESSITY?

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- "Medical necessity" is a fundamental element for both the provision and payment of healthcare
 - Medicare coverage is limited to items and services that are "reasonable and necessary for the diagnosis or treatment of illness or injury."
 42 U.S.C. § 1395y(a)(1)(A).
 - Medicare requires healthcare practitioners and providers to assure that health services ordered for government patients are "provided economically and only when, and to the extent, medically necessary." 42 U.S.C. § 1320c-5(a)(1).

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WHAT IS MEDICAL NECESSITY?

- AMA (H-320.953) (2016) Medical necessity is:
 - Health care services or products that a prudent physician would provide to a patient for the purpose of preventing, diagnosing or treating an illness, injury, disease or its symptoms in a manner that is:
 - in accordance with generally accepted standards of medical practice;
 - · clinically appropriate in terms of type, frequency, extent, site, and duration; and
 - not primarily for the economic benefit of the health plans and purchasers or for the convenience of the patient, treating physician, or other health care provider.

WHAT IS MEDICAL NECESSITY?

- Who determines medical necessity?
 - Treating physician
 - Reviewing physician (e.g., during chart reviews, prior authorizations)
- What sources guide medical necessity determinations?
 - Medicare Act and implementing regulations
 - Medicare Benefit Policy Manual defines Medicare-covered services and related requirements
 - National and Local Coverage Determinations offer interpretations and guidance
 - State Regulations and Provider Manuals define state-based coverage and program guidelines

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WHAT IS THE LEGAL FRAMEWORK?

HOW CAN MEDICAL NECESSITY BE A FALSE CLAIM?

SIGNATURE OF PHYSICIAN OR SUPPLIER (MEDICARE, TRICARE, FECA AND BLACK LUNG)

In submitting this claim for payment from federal funds, I certify that: 1) the information on this form is true, accurate and complete; 2) I have familiarized myself with all applicable laws, regulations, and program instructions, which are available from the Medicare contractor; 3) I have provided or will provide sufficient information required to allow the government to make an informed eligibility and payment decision; 4) this claim, whether submitted by me or on my behalf by my designated billing company, complies with all applicable Medicare and/or Medicaid laws, regulations, and program instructions for payment including but not limited to the Federal anti-kickback statute and Physician Self-Referral law (commonly known as Stark law); 5) the services on this form were medically necessary and personally furnished by me or were furnished incident to my professional service by my employee under my direct supervision, except as otherwise expressly permitted by Medicare or TRICARE; 6) for each service rendered incident to my professional service, the identity (legal name and NPI, license #, or SSN) of the primary individual rendering each service is reported in the designated section. For services to be considered "incident to" a physician's professional services, 1) they must be rendered under the physician's direct supervision by his/her employee, 2) they must be an integral, although incidental part of a covered physician service, 3) they must be of kinds commonly furnished in physician's offices, and 4) the services of non-physicians must be included on the physician's bills.

5. The services on this form were medically necessary . . .

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FALSE CLAIMS ACT - 31 U.S.C. §§ 3729-3733

False Claim

 Knowingly presents, or causes to be presented, a false or fraudulent claim for payment or approval (31 U.S.C. § 3729(a)(1)(A))

False Record or Statement

 Knowingly makes, uses, or causes to made or used, a false record or statement material to a false or fraudulent claim (31 U.S.C. § 3729(a)(1)(B))

"Reverse" False Claim

- Knowingly makes, uses, or causes to be made or used, a false record or statement material to an obligation to pay or transmit money or property to the government, or
- Knowingly conceals or knowingly and improperly avoids or decreases an obligation to pay or transmit money or property to the government (31 U.S.C. § 3729(a)(1)(G))

Conspiracy

 Conspires to commit any of the above violations (31 U.S.C. § 3729(a)(1)(C))

FALSE CLAIMS ACT - 31 U.S.C. §§ 3729-3733

- A properly pleaded FCA claim must contain four elements:
 - 1. A **claim** for payment was **submitted** to the government
 - 2. The claim (or record or statement material to the claim) was false
 - 3. Defendant knew or should have known the claim was false
 - 4. The claim or statement was material to the government's decision to pay

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FALSE CLAIMS ACT - 31 U.S.C. §§ 3729-3733

- Violations are punished by treble (3x) damages <u>plus</u> mandatory per claim civil penalties
- Civil penalty inflation adjusted to \$13,508 \$27,018 per claim
- <u>Example</u>: Healthcare provider submits 1,000 false claims for which Medicare pays \$250,000 total. The provider is potentially liable under the FCA for a maximum of more than \$27 million.
 - Damages = \$750,000 (\$250k x 3) and Penalties = \$27,018,000 (1,000 x \$27,018)
- Reasonable attorneys' fees and expenses for relator

CRIMINAL HEALTH CARE FRAUD STATUTE – 18 U.S.C. § 1347

- The Criminal Health Care Fraud Statute, prohibits knowingly and willfully executing, or attempting to execute, a scheme or lie in connection with the delivery of, or payment for, health care benefits, items, or services to either:
 - Defraud any health care benefit program
 - Obtain (by means of false or fraudulent pretenses, representations, or promises) any of the money or property owned by, or under the control of, any health care benefit program

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UNITED STATES V. ASERACARE (11TH CIR. 2019)

- Mere difference of opinion between medical experts on an issue about which reasonable minds could differ is insufficient to prove falsity
- Government must show something more than difference of medical opinion concerning prognosis

UNITED STATES EX REL. POLUKOFF V. ST. MARK'S HOSPITAL (10TH CIR. 2018)

- "It is possible for a medical judgment to be 'false or fraudulent' as proscribed by the FCA . . ."
- "A doctor's certification to the government that a procedure is 'reasonable and necessary' is 'false' under the FCA if the procedure was not reasonable and necessary under the government's definition of the phrase."

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UNITED STATES EX REL. DRUDING V. CARE ALTERNATIVES (3D CIR. 2020)

- In the context of certifying terminal illness, "for purposes of FCA falsity, a claim may be 'false' under a theory of legal falsity, where it fails to comply with statutory and regulatory requirements"
- "[A] physician's judgment may be scrutinized and false"
- Reasonableness of medical necessity assessments are "triable issues"

UNITED STATES EX REL. WINTER V. GARDENS REGIONAL HOSP. AND MED. CTR. (9TH CIR. 2020)

- Opinions "are not, and have never been, completely insulated from scrutiny"
- "Under the plain language of the [FCA], the FCA imposes liability for all 'false or fraudulent claims'—it does not distinguish between 'objective' and 'subjective' falsity or carve out an exception for clinical judgments and opinions"

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WHAT MATTERS CONSTITUTE MEDICAL NECESSITY CASES?

EXAMPLES OF "MEDICALLY UNNECESSARY" FCA CASES



Unnecessary Diagnostics, Screening Tests or Procedures



Unnecessary Devices



Unnecessary or Excessive Services (PT/OT)



Unnecessary Home Health or Hospice Services



Unnecessary Ambulance Transports or Level of Service



Unnecessary SNF, Hospital or Inpatient Rehabilitation Admissions

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UNNECESSARY URINE DRUG TESTING



UNNECESSARY LABORATORY TESTS AND FRAUDULENT BILLING



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IMPROPER BILLING IMPLANTATION OF CARDIAC DEVICES



UNNECESSARY RESPIRATORY PANELS DURING COVID-19 TESTS



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MEDICALLY UNNECESSARY REHABILITATION SERVICES



FALSE CLAIMS – AMBULANCE TRANSPORTS

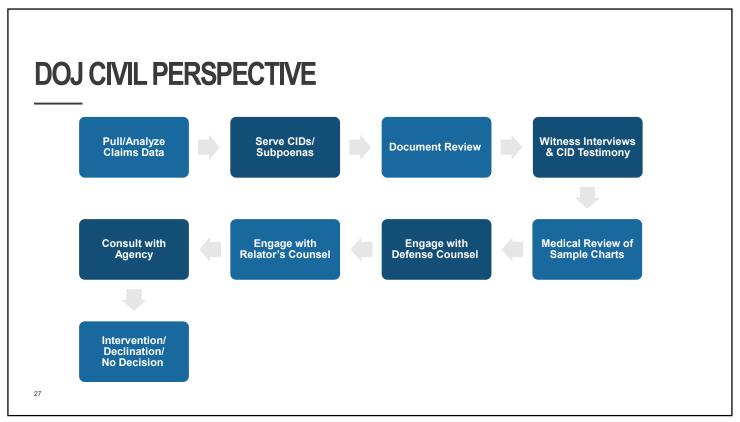


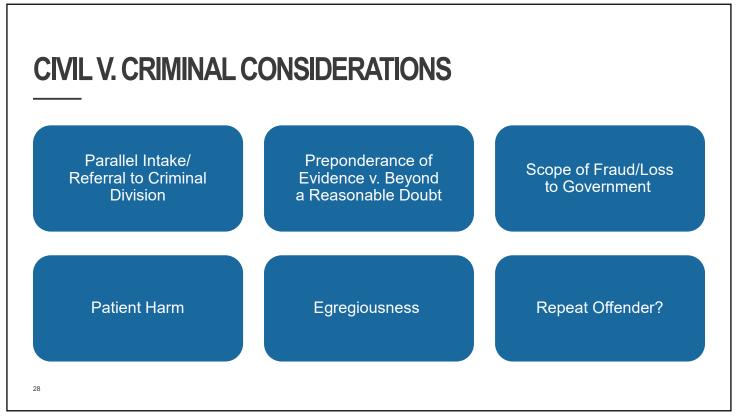
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MEDICALLY UNNECESSARY SURGICAL PROCEDURES







EXAMPLES OF CASES THAT WERE CIVIL AND CRIMINAL

- Drug/urine testing
- Cardiac stents
- Telehealth
- Pain medications/opioids
- DME
- Compound Pharmacies



BUT MOST FCA CASES HAVE POTENTIAL TO BECOME CRIMINAL

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WHAT STEPS CAN COMPLIANCE PROFESSIONALS TAKE TO ADDRESS RISK AND RESPOND TO MEDICAL NECESSITY CONCERNS?

PRACTICAL TIPS TO MITIGATE RISK

- Establish risk assessments
- Identify potential high risk areas government reviews, PEPPER reports, internal complaints, utilization review
- Develop policies and procedures providing documentation and other requirements for risk areas
- Provide training to clinical and coding/billing personnel on requirements
- Conduct periodic audits of claims in high risk areas

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PRACTICAL TIPS TO MITIGATE RISK

- Educate physicians and APPs on legal standards of medical necessity
 - Understand difference between medical necessity and clinical judgment
 - Understand payor guidance for documentation needed to support claims
 - Document! Document! Document!
 - Advise on benefits of EMR templates and caution on risks of cut/paste or generic documentations

IDENTIFYING POTENTIAL ISSUES

- Consider peer review or utilization red flags
 - Patterns of overutilization or outlier status
 - Staff complaints
 - Malpractice cases
- Follow medical staff bylaws
 - Ensure objective assessments
 - Consider external reviews

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ADDRESSING MEDICAL NECESSITY ISSUES

- Adequately scope issue
 - Distinction between lack of documentation to support claim that was billed and procedure/service not being medically necessary
- Consider potential remedial action needed
 - Refund or self-disclosure of claim?
 - Education or corrective action required?

QUESTIONS?

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