# 503 - Federal and State-Based Exchanges: Risk Reduction Strategies

HCCA Managed Care Compliance Conference February 3, 2021



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#### **Learning Objectives**

- Understand key compliance requirements for exchange-based products
- Identify key risk areas for your exchange-based products
- Develop a risk assessment and proactive monitoring plans to reduce compliance risks

#### **HealthPartners**

- HealthPartners is a Minnesota-based integrated health care organization founded in 1957
- Provides health care services and health plan administration
- Over 26,000 employees
- Non-profit & consumer governed

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- 1.8 million+ medical and dental health plan members nationwide
  - Products: Commercial, Medicare, Medicaid, Self-Insured Administration
- 1.2 million+ patients
- Includes hospital, primary, specialty care, dental and ancillary care services
- 1,800+ physicians



#### **Getting to Know the Attendees**

- 1) Do you do business on a state or the Federal Exchange?
  - Yes, a state-based exchange
  - Yes, the Federal exchange
  - · Yes, both
  - No
  - · Don't know

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#### **Getting to Know the Attendees**

- 2) Do you have a risk assessment or any type of monitoring program in place for your exchange products?
  - Yes
  - No
  - · Don't know
- 3) Have your exchange products recently been audited?
  - Yes
  - No



## **Key Compliance Requirements**



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### Sources of Requirements for Exchange Plans (CMS)

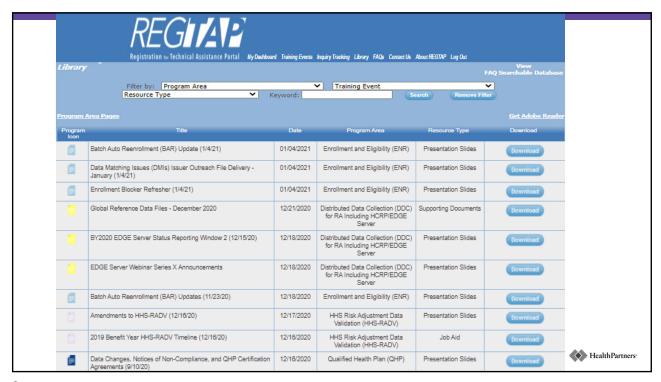
#### Federal law and regulations

- Affordable Care Act
- Notice of Benefit and Payment Parameters (NBPP)
- Final rules on Market Reforms, Premium Stabilization Programs, Marketplace exchanges, etc.

#### Subregulatory guidance

- Regtap
- · Letter to Issuers
- FAQs

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#### Sources of Requirements for Exchange Plans (Other)

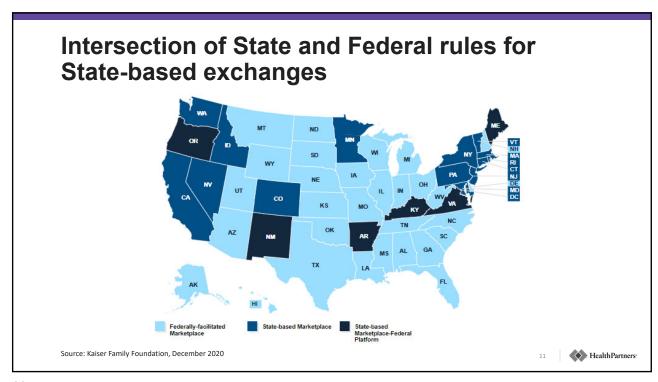
#### Other Federal law and regulations

- HIPAA Privacy and Security
- Mental Health Parity
- False Claims Act

#### State Law and Regulations

- State insurance/HMO laws
- State insurance/HMO regulations

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#### **Qualified Health Plan (QHP) Requirements**

#### Affordable Care Act Regulations

- Health Insurance Issuer Standards (45 CFR 156)
  - · Essential Health Benefits
  - · Qualified Health Plan Minimum Certification Standards
  - Premium Tax Credit (APTC) and Cost-sharing Reduction (CSR)
  - · Minimum Essential Coverage
  - · Quality Standards
- Medical Loss Ratio (MLR) (45 CFR 158)
- Premium Stabilization Programs (45 CFR 153)
  - Edge Server, Risk Adjustment/HRADV
- Health Insurance Reform Requirements (45 CFR 147)
  - Market Reforms



#### **QHP Requirements**

#### **QHP Minimum Certification Standards**

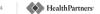
- · Issuer participation standards
- Transparency in coverage
- · Marketing and benefit design
- Network adequacy
- · Essential community providers
- Meaning access to QHP information
- Enrollment periods
- · Separate billing and segregation of funds for abortion services
- · Prescription drug reporting

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#### **Enforcement Remedies**

- 45 CFR 156.805(a): Civil money penalties may be imposed on an issuer in a FFE by HHS if, based on credible evidence, HHS has reasonably determined that the issuer has engaged in one of the following actions:
  - Misconduct or substantial non-compliance
  - Discouraging or denying enrollment into a QHP due to certain medical conditions or history or limiting an enrollees' access to medically necessary items and services that are required to be covered
  - Intentionally or recklessly misrepresenting or falsifying information to HHS
  - Failing to comply with the CSR or APTC requirements



## Identifying key risk areas for your exchange-based products



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#### Sources of external risks

#### Federal auditors

- Consumer Information and Insurance Oversight (CCIIO)
  - FFE Compliance Reviews
  - APTC Audit
  - · Co-op Compliance Review
  - Federal Market Conduct Examination-Market-wide requirements (AL, MO, OK, TX & WY)
  - · MLR Examinations
- Office of Civil Rights: HIPAA Privacy and Security

#### Sources of external risks

#### State auditors

- State insurance departments
- State-based exchange

#### Litigation

State and/or federal lawsuits

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#### **CCIIO Audit Resources**

#### **CCIIO** Website

• CCIIO Examinations, Audits and Reviews of Issuers: Issuer Resources

#### Additional Resources:

- Key Priorities for FFM Compliance Reviews for the 2020 Benefit Year
- 2019 Plan Year Notice Review Summary Report
- 2018 Plan Year FFE Compliance Review Summary Report

#### **FFE Audits: Compliance Priorities**

- QHP Issuer Participation Standards
- QHP Rate and Benefit Information
- Transparency in Coverage
- Marketing and Benefit Design
- Delegated and Downstream Entities
- Agent/Broker Standards

- Network Adequacy Standards
- Essential Community Providers
- Meaningful Access to QHP Information
- Rating Variation
- Enrollment Periods for Qualified Individuals
- Enrollment Process for Qualified Individual

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#### **FFE Audits: Compliance Priorities**

- Termination of Coverage for Qualified Individual
- Renewal and Discontinuation of QHPs
- Prescription Drug Formulary
- Maintenance of records
- Handling of Health Insurance Casework System (HICS)
- Other Notices for Special Enrollment Periods

- Separate Billing and Segregation of Funds for Abortion Services
- Patient Safety Standards for QHP Issuers
- Quality Rating System
- Enrollee Satisfaction Survey System

#### **FFE Risk Areas**

- ECP Contracting and Provider Directory
- HICS Casework
- Termination Notices for Qualified Individuals
- Meaningful Access
- · Agent and Broker Oversight
- Downstream and Delegated Entities
- Enrollment Process for Qualified Individuals (Privacy and Security)
- Renewal and Discontinuation Notices
- APTC



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#### **FFE Audits: Audit Document Requests**

- Operating policies & procedures
- Enrollment, claims, and premium data
- Required notices, including enrollment package
- · Delegated entity agreements
- Agent/Broker listings and agreements
- Drug formularies, including authorization requirements
- HICS data
- Compliance plan and record retention policy
- ECP listings and agreements
- Provider directory



#### Other key risk areas

#### Federal Risks

- Edge Server/HRADV
- MLR
- HIPAA Privacy and Security

#### State Risks

- State requirements, including state reinsurance or premium subsidy programs
- Carrier agreements with state-based exchanges



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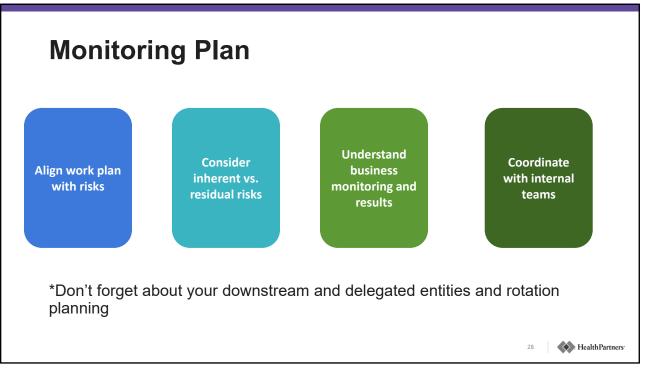
## Developing a risk assessment and proactive monitoring plans

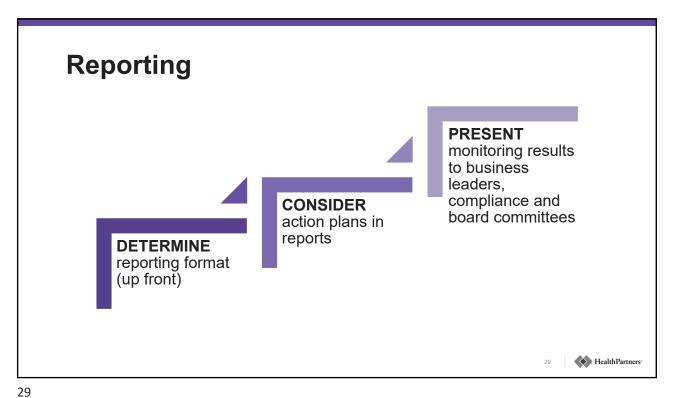






# Align monitoring plans to the risk assessment Limited Resources Determine monitoring strategy Distinguish between auditing & monitoring The plant of the risk assessment assessment areas as a second of the risk assessment assessment as a second of the risk as a second of





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