

# Creating Infrastructure Support for Investigator Initiated Research

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# Objectives for this session

- Discuss support activities for investigator initiated FDA regulated research, including tools and templates
- Describe model of support at Mayo Clinic
- Share best practices and lessons learned

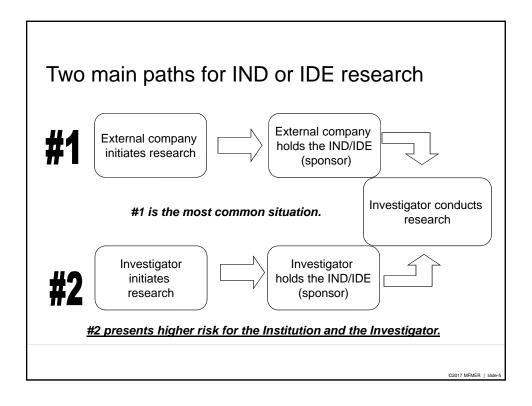


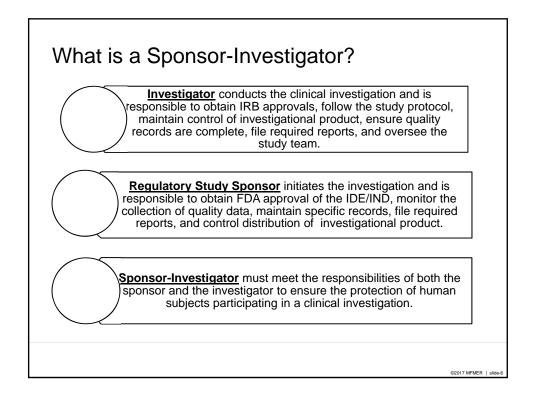
# What is Investigator Initiated FDA Regulated Research

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# Examples

- Novel drug (IND- investigational new drug) or device (IDE- investigational device exemption)
- Marketed drug being researched for a nonapproved indication (new route, new patient population, new dose, etc.)
- Marketed/cleared device being researched for a new indication
- Conducting research on the use of a product as a drug or device





# Creating infrastructure support.....

- Identification of all Sponsor-Investigators
  - Survey
  - Query IRB system
- Benchmarking w/other institutions who offer similar support
- Creation of Templates, Forms, Database, Educational Modules, Training of Staff

#### Feasible

- Hire "great staff"
- Communicate
- relevant presentations, newsletters, emails
- Build Trust
  - perceptive about customer environment and needs
  - "creating the culture of compliance"

# Challenging

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# **Mayo Clinic**

# Support for Investigator Initiated Research

# Mayo Clinic Locations



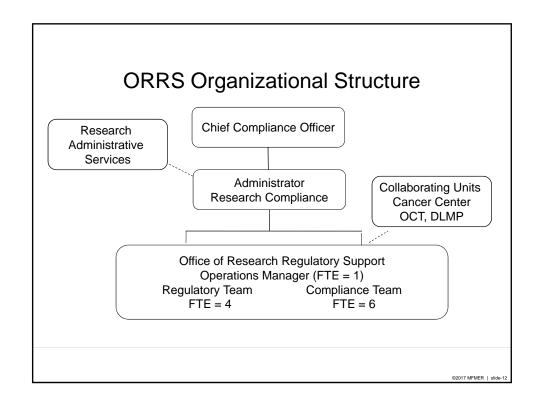
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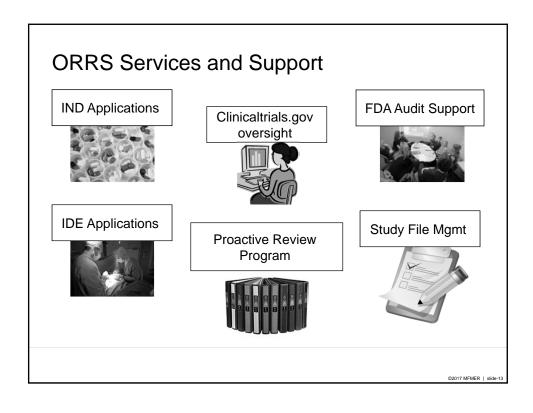
# Office of Research Regulatory Support

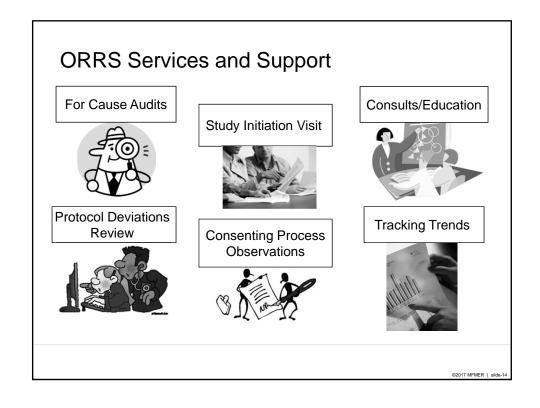
- Goal is to ensure compliance and integrity in research
- Support the protection of human subjects in research by ensuring compliance with Federal, State, and Institutional guidelines
- Staff work in partnership with Mayo Clinic Office for Human Research Protection, the Institutional Review Board (IRB), Research Administration, and the research community

# Office of Research Regulatory Support

- Centralized resource for information, expertise, and support related to the conduct of clinical research from a regulatory and compliance perspective
  - Investigator-initiated Investigational New Drug (INDs) or Investigational Device Exemption (IDEs) submissions
  - ClinicalTrials.gov support
  - Regulatory questions
  - Proactive Review Program







# Assistance for IND/IDE applications

- Consultation
- Templates and Quick Reference Guides
- Communication and correspondence with FDA as needed
- Pre-IND or IDE meeting assistance
- Maintenance:
  - Annual Report reminders
  - Safety reporting assistance



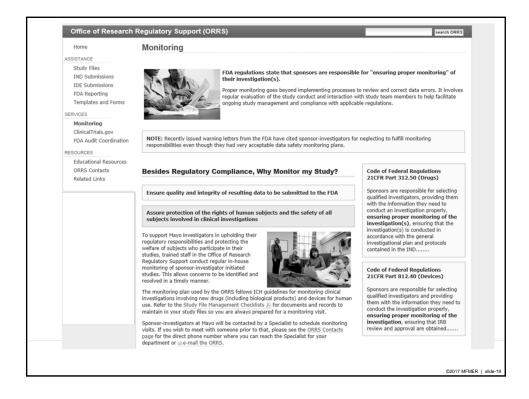
# Proactive Review Program & Monitoring

- Risk based approach for proactive reviews, includes all Mayo research studies
  - Risk assessment (protocol and study team members) used to select studies for review
- Encompasses sponsor-investigator monitoring
  - Frequency determined by protocol and other factors (S-I and team experience, risk of product, etc.)
- Work with PI/team for process improvements based on findings (quality activities)

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# Proactive Review Program & Monitoring

- Regulatory documents/binder review
- Eligibility determinations
- Informed Consent document and process
- Protocol adherence are we doing what we said we would do?
- Other assessments of targeted areas



# **Reviews of Consenting Process**

- Randomly select studies and conduct an observation of the consenting process
  - Ask permission of potential participants
  - Partner with the Research Subject Advocate in conducting these reviews
  - Feedback provided to study team after the consenting session
  - Surveys of participants

#### **Education and Consults**

- Provide resources for study teams and serve as educators for orientation program and other training sessions
- Provide required training module for sponsorinvestigators as per IRB policy
  - Offered on-line
  - Also review educational components "just in time" during initial meetings regarding the planned IND or IDE

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#### **Education and Consults**

- Work with CRC Education Group for quarterly "Compliance Corner" Training
  - Identify topics based on identified areas of improvements from proactive reviews, monitoring and for-cause audits
- Communication of findings (general) through presentations to department and other educational initiatives

#### **Education and Consults**

- Building a culture of compliance and trusting environment promotes calls for help and advice versus fear
- Assist study teams with questions about protocol deviations/violations, reporting requirements and creating processes for compliance within their study team activities

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#### For Cause Audits

- Conducted when allegations of suspected or actual noncompliance with federal regulations, state laws, Mayo policies, and/or IRB requirements
- May be referred by IRB, Compliance Office, Participants, Staff, Whistleblower Complaints
- Targeted or full study audit
- Reports and findings are sent back through IRB committee for determination of non-compliance (serious and/or continuing if applicable)

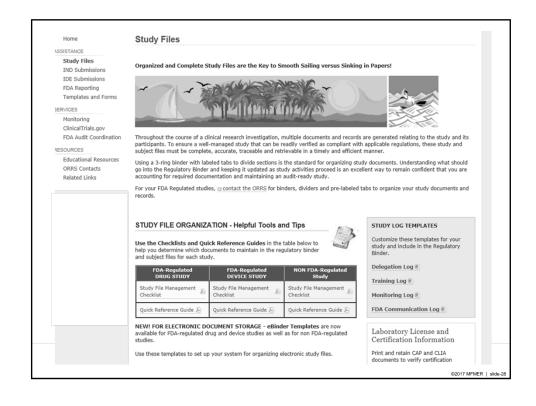
# FDA Inspections – Centralized Coordination

- Pre audit meetings with PI/research team
- Notification of areas involved
- Just in time training to prepare for upcoming audit
- Assistance provided to study teams during the audit from first phone call through written response (if needed)



## Study File Management Resources

- Resources for study teams
  - Checklists for FDA and non-FDA regulated study file management
  - Quick Reference guides
  - On-line module and in-person workshop
  - eBinder for ease of maintenance
- Assistance for questions as well as providing tabs to study teams to assist them in organizing study regulatory documents



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# Oversight of ClinicalTrials.gov process

- Protocol Registration System (PRS) administrator part of the ORRS team
- Resources for study teams
  - Quick Reference guides
  - On-line module
  - Classroom training
- Assistance for questions on registration process
- Results reporting assistance (direct entry and support for study teams)

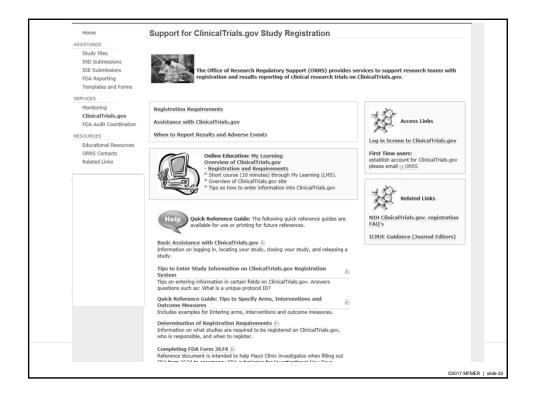
## Identifying Applicable Clinical Trials

- Triggers from responses to questions in IRB application once IRB approval is received
- Able to map a subset of the data required in the Clinicaltrials.gov record to our IRB application system. Data is automatically entered in record for study team to complete
- Email sent to PI/SC to finish the registration of the study if they have an account, or to set up account to complete the registration (through system and PRS administrator)

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# **Results Reporting**

- Based on number of trials and efficiency gained with dedicated position, have one FTE for this role (split this between two staff along with other responsibilities)
- Identification of studies needing results posting through our internal system and PRS system
- Senior Regulatory Specialist works with PI and study team to gather information and data, then directly enters results
- Why savings of Investigator (physician) time



#### Reportable Events or Protocol Deviations Review Process

- Review submissions timely to provide additional direction to study team; key when a potential PHI disclosure in research
- Deviations happen in research: determinations as to whether need to be reported immediately or at time of continuing review w/study team
  - More tips and training have been added to assist study teams to make this decision
- Leads to awareness of non-compliance in an expedited fashion

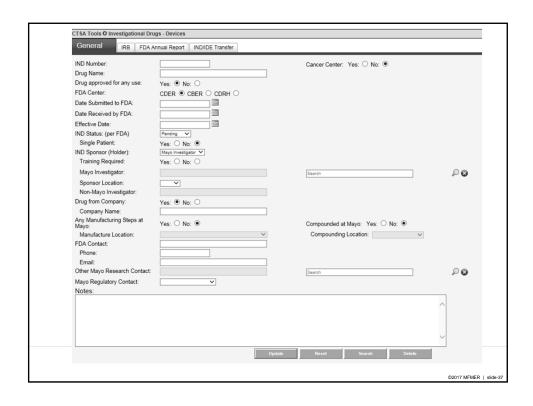
## Study Initiation Visits

- Typically 2-4 hours spent with study team to review overall study and plans for success
  - S-I attends, often for subset of the meeting
- Typical topics covered include: recruitment plans, consent process, study file management, eligibility checklists, AE reporting and study documentation requirements
- Includes documented protocol training for team members and review of delegation log
- Review of sponsor-investigator responsibilities

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# Other Key Components

- Tracking all Mayo Clinic sponsor-investigator INDs or IDEs
  - Database to maintain pertinent information
  - Notification to sponsor-investigators when annual reports due to FDA
    - Email reminder sent with annual report template for S-I to complete
  - Ability to run reports



# Best Practices to consider for Investigator Initiated Research

#### Points for Consideration

- What is your organization's goal for research?
- Volume of investigator initiated research
- Size and support needed
  - Can support activities be incorporated within another office/team?
- Consider phased in approach
  - What are the critical aspects to provide initially and what can be added next phase

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# **Key Areas of Support**

- Protocol development and writing
- Regulatory writing/documentation and submissions to agency
- Monitoring for participant protections and quality
- Tools and templates, IT system needs
- Education and Training formal and just in time
- Funding (projects/research and infrastructure support)

# Lessons Learned – Tips to create support

- Set the tone and culture of the group
  - Supportive and not punitive
  - What is the focus? How will findings be received?
- Identify how much FTE will be needed. What services are you planning to provide? Can you implement a phased in approach?
- Determine early what activities are "out of scope"

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## More Tips and Lessons Learned

- Consider how you will identify depts. in your institution with investigator initiated activities
  - Survey, work with your IRB, department chairs, research administration, etc.
  - Once identified how will you address and identify infrastructure support needed?
- Identify key groups to partner with for quality results and improved compliance
  - Research administration, education, study coordinator groups, departments, etc.

#### Conclusion

- Consider the following key points when implementing infrastructure and support
  - Importance of setting the right tone and creating a culture of compliance
  - Invest resources to provide services
  - Track findings from audits and monitoring activities with overall goal to improve the research and sustain quality efforts
  - Provide targeted education and training

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#### Thanks for Your Time and Attention!

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